

Corner Canyon Chargers Swimming

Head Coach: Patrick Thurman – 16 Years Coaching Experience, 8 Years of High School Coaching, 2012 5A Coach of the Year, High School History Teacher

Contact Info: patrick.thurman@canyonsdistrict.org

Participation Requirements: Have a basic ability to swim across the pool doing freestyle and backstroke, have a desire to work hard, and be coachable

Season: Official start of season is in October and lasts until mid-February. There will be generally 1 swim competition a week and everyone will be able to participate.

Practice Location: Dimple Dell Recreation Center

Practice Times: 3:00 to 4:30 every day beginning in mid-September, conditioning beginning early September

Morning Swimming: Sign up for the Swim Class offered 5th period. Swim class is NOT mandatory and only for those who can handle swimming 2 times a day

Summer Swimming: Swimming during the summer is highly recommended, as is participation in other athletic endeavors, such as soccer, track, cross-country, etc. Contact any of the following for information on summer swimming programs:

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| CHAT (USA Team at Cottonwood Heights Recreation Center) | chatswimming.com |
| Devil Ray Aquatic Team (USA Team at Dimple Dell) | devilrayswimteam.com |
| Fish Market (USA Team at Tree House Athletic Club) | wasatchfrontfishmarket.org |
| Life Centre (Dave Ryland) | lcathleticclub.com |
| Lifetime Fitness | clubs.lifetimefitness.com/South-Valley/11271/ |

Parent Meeting: Anticipate an information meeting the second week of school. Feel free to contact the coach if you have any questions in the meantime.